IHOP Dessert Menu with Prices and Calories 2026

IHOP · Updated November 2026 · memphisincrediblepizza.com

Sweet Pancakes

Item	Price	Calories
Oreo Cheesecake Pancakes	$13.69	1280
Cupcake Pancakes	$13.69	740
Chocolate Chocolate Chip Pancakes	$13.69	790
Buttermilk Chocolate Chip Pancakes	$13.69	710
Mexican Tres Leches Pancakes	$13.69	710
New York Cheesecake Pancakes	$11.99	880

Waffles and Crepes

Item	Price	Calories
Strawberry Cheesecake Waffle	$4.29	380
Oreo Cookie Crumble Waffle	$4.29	370
Belgian Waffle	$8.49	590
Strawberry Banana Belgian Waffle	$11.49	810
Fresh Berry Crepes	$4.29	370
Lemon Ricotta Crepes	$10.99	660
Cinnamon Bun Crepes	$4.29	370
Banana Caramel Crepes	$11.49	700
Stuffed French Toast	$11.49	950
Original French Toast	$8.99	700
Texas-Style French Toast	$9.99	830
Cinnamon Bun French Toast	$10.99	1010

Milkshakes and Drinks

Item	Price	Calories
Classic Vanilla Milkshake	$5.49	560
Strawberry Banana Milkshake	$5.99	640
Oreo Cookies and Cream Milkshake	$5.99	730
House-made Milkshakes	$3.99	290
Hot Chocolate	$3.99	300
Fountain Drink	$3.49	0-260
Bottomless Hot Coffee	$3.99	0
Bottomless Iced Tea	$3.99	0-180
Bottomless Iced Coffee	$4.49	0-190
Bottomless Orange Juice	$4.49	160

Classic Dessert Items

Item	Price	Calories
Ice Cream Sundae	$4.99	420
Apple Pie à la Mode	$5.99	580
Chocolate Cake	$5.49	620
Old-Fashioned Chocolate Cake	$7.99	780
Cinnamon Dippers	$5.79	760
Crispy Strawberry Banana Cheesecake	$6.99	860

IHOP Kids Desserts

Item	Price	Calories
Kids Cookie	$2.49	210
Kids Cookie Sundae	$3.99	430
Funny Face Pancake	$5.99	310
Silly Animal Pancakes	$5.99	330
Kids Mac and Cheese	$5.99	420

Dessert Combos and Sharing

Item	Price	Calories
Cinnamon Dippers (Sharing Size)	$6.29	760
Oreo Cheesecake Pancakes (Shareable)	$13.69	1280
Pancake Family Pak (12 pancakes)	$24.99	varies
Pancake Family Feast	$29.99	varies
Breakfast Family Feast	$34.99	varies

Light Dessert Options

Item	Price	Calories
Cinnamon Dippers (small)	$3.99	290
Classic Vanilla Milkshake (small)	$5.49	560

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.