Jersey Mike's Sub Menu with Prices & Calories 2026

Jersey Mike's Subs · Updated November 2026 · memphisincrediblepizza.com

Cold Subs

Item	Price	Calories
#1 BLT	$9.49	480
#2 Jersey Shore's Favorite	$8.80	510
#3 Ham and Provolone	$8.80	570
#5 The Super Sub	$10.99	840
#6 Roast Beef and Provolone	$11.35	910
#7 Turkey and Provolone	$9.80	640
#8 Club Sub	$8.80	680
#9 Club Supreme	$11.35	1190
#12 Cancro Special	$11.35	960
#13 The Original Italian	$10.80	970
#14 The Veggie	$8.10	560
#15 Tuna Fish	$9.80	810

Hot Subs

Item	Price	Calories
Meatball and Cheese	$10.99	890
Famous Philly Cheesesteak	$10.40	920
Chicken Philly Cheesesteak	$10.40	930
Chicken Parm	$10.40	750
#43 Chipotle Cheesesteak	$10.60	1040
Buffalo Chicken Cheesesteak	$10.60	970
Chipotle Chicken Cheesesteak	$10.60	970
Grilled Pastrami Reuben	$11.35	1050
#56 Big Kahuna Cheesesteak	$12.99	1160
Big Kahuna Chicken Philly	$12.99	1150

Breakfast Menu

Item	Price	Calories
Bacon, Egg & Cheese	$4.25 - $6.25	450-600
Sausage, Egg & Cheese	$4.50 - $6.75	550-700
Ham, Egg & Cheese	$4.25 - $6.25	450-600
Steak, Egg & Cheese	$5.50 - $7.50	600-800
Bacon, Egg, Cheese, Peppers & Mushrooms	$5.75 - $7.75	550-750
Cheese, Ham, Bacon, Peppers & Mushrooms	$5.75 - $7.75	600-800
Egg & Cheese	$3.50 - $5.00	400-500
Coffee	$1.50 - $3.00	5-50

Sides & Snacks

Item	Price	Calories
Chips	$1.49 - $2.79	150-310
Pickle Spear	$0.99	10
Mac and Cheese	$3.99	420
Jumbo Chocolate Chip Cookie	$1.99	380
Jumbo Brownie	$2.49	440
Cookie 3 Pack	$4.99	1140
Extra Meat	$2.15	100
Extra Cheese	$1.50	100
Extra Bacon	$1.75	90
Avocado	$1.50	80

Kid's Meals

Item	Price	Calories
Kids Mini Sub Meal	$5.99	400-630
Kids Mini Sub Only	$5.50	400-630

Wraps & Subs in a Tub

Item	Price	Calories
Turkey Wrap	$10.49	700
Original Italian Wrap	$10.99	970
Club Wrap	$10.99	1190
Famous Philly Wrap	$10.99	920
Chipotle Chicken Wrap	$10.99	970
Turkey Sub in a Tub	$10.49	700
Original Italian Sub in a Tub	$10.49	970
Club Sub in a Tub	$10.49	1190
Famous Philly Sub in a Tub	$10.99	920
Big Kahuna Sub in a Tub	$11.99	1160

Value Deals & Combos

Item	Price	Calories
Mini Sub and Chips Bundle	$7.99	460-650
Box Lunch (Per Person)	$13.99	920-1100
Subs by the Box (Feeds 12)	$88.95	N/A
Lunchbox (Regular Sub, Chips, Cookie, Pickle)	$13.95	1050
Daily Deal - Meatball and Cheese Sub	$5.99	890

Drinks & Desserts

Item	Price	Calories
Fountain Drink Regular	$2.49	0-250
Fountain Drink Large	$2.99	0-340
Bottled Water	$1.99	0
Bottled Soda 20 oz	$2.79	0-240
Bottled Iced Tea	$2.79	0-180

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.