Panera Bread Menu Prices 2026 – Updated US Food & Drink List

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Signature Panini

Item	Price	Calories
Frontega Chicken – Whole	$7.99	600
Frontega Chicken – Half	$5.79	350
Steak & White Cheddar – Whole	$8.99	690
Steak & White Cheddar – Half	$6.29	370

Premium Signature Sandwiches

Item	Price	Calories
Roasted Turkey & Avocado BLT – Whole	$8.99	700
Roasted Turkey & Avocado BLT – Half	$6.29	370
Roasted Turkey & Caramelized Kale – Whole	$9.29	680
Roasted Turkey & Caramelized Kale – Half	$6.59	350

Cafe Sandwiches

Item	Price	Calories
Mediterranean Veggie – Whole	$6.59	470
Mediterranean Veggie – Half	$4.89	240
Classic Grilled Cheese – Whole	$6.59	720
Classic Grilled Cheese – Half	$4.89	400
Smoked Turkey Breast – Whole	$6.59	560

Soups & Bread Bowls

Item	Price	Calories
Vegetarian Creamy Tomato Soup – Cup	$4.39	250
Vegetarian Creamy Tomato Soup – Bread Bowl	$5.49	950
Broccoli Cheddar Soup – Cup	$4.39	250
Broccoli Cheddar Soup – Bread Bowl	$5.49	950
All-Natural Turkey Chili – Bowl	$5.99	450

Salads

Item	Price	Calories
Green Goddess Cobb Salad with Chicken – Whole	$9.29	530
Chicken Caesar Salad – Whole	$8.99	580
Classic Cafe Salad – Whole	$6.29	210
Thai Chicken Salad – Whole	$8.99	640
Fuji Apple Chicken Salad – Whole	$8.99	570

Mac & Cheese and Pastas

Item	Price	Calories
Mac & Cheese – Small	$4.99	480
Mac & Cheese – Bread Bowl	$5.99	970
Chicken Tortellini Alfredo	$8.39	860
Butternut Squash Ravioli	$8.19	700
Pesto Sacchettini Pasta	$7.19	720

Panera Kids Menu

Item	Price	Calories
Kid's Peanut Butter & Jelly Sandwich	$4.29	310
Kid's Grilled Cheese	$4.29	400
Kid's Caesar Salad	$4.69	220
Kid's Broccoli Cheddar Soup	$4.39	250
Signature Mac & Cheese Kid's Meal	$4.99	480

Beverages

Item	Price	Calories
Cafe Latté – Regular	$3.59	190
Skinny Cafe Mocha – Regular	$3.99	170
Iced Coffee – Medium	$2.09	5
Low-Fat Mango Smoothie – Regular	$4.39	250
Soda – Large	$2.49	210

Pastries & Sweets

Item	Price	Calories
Cinnamon Roll	$2.89	450
Bear Claw	$2.69	390
Chocolate Brownie	$2.59	370
Apple Crunch Muffin	$2.29	400
Cinnamon Crunch Scone	$2.59	430

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.